

ANNUAL REPORT

NIR IDEAL HOME FOR MENTALLY RETARDED AND ASSOCIATED DISABILITY

(A Rehabilitation Organization for Persons & Children with Disability)

2023 – 2024

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YouTube: Nir Ideal Home, **Facebook:** Nir Ideal Home

NIR
IHFMRAD

Message from the Secretary



Dear Friends,

I am pleased to share that Nir Ideal Home has positively impacted over ten thousand Persons with Disabilities (PwDs) across North 24 Parganas, West Bengal, through our transformative programs. For more than two decades, our efforts have enhanced the lives of PwDs—children, women, and individuals—by combining sustainable practices with traditional values and modern knowledge.

We take pride in the successful completion of our current strategic plan, which aligns our ideologies with tangible results. This milestone has guided the development of our forward-thinking strategy, responsive to the evolving needs of the communities we serve.

Looking forward, Nir Ideal Home aims to strengthen our People's Organization by promoting rehabilitation, leadership, knowledge, culture, and gender equity. Our focus on True PwDs and True Governance will address key challenges and elevate our impact by 2030.

Our strategy highlights critical areas such as nutrition, security, sustainable livelihoods, child rights, and cultural preservation. We are dedicated to empowering PwDs to achieve self-reliance and enhance their sovereign identity.

We extend our sincere gratitude to the government departments, social service agencies, corporate partners, well-wishers, and individual donors whose support has been crucial to our success. Together, we are poised to realize our vision of sovereign communities, facing challenges with resilience and determination.

Warm regards,

Md. Abul Kalam Azad
Secretary

Appreciation

From:
Mr. Debaditya Chakrabarti, IAS (Retd)



To:
The Secretary
Nir Ideal Home for Mentally Retarded and Associated Disability
Haroa , North 24 Parganas
West Bengal

Dear Sir, **Date:** 17th September,2023

Please accept my greetings.

I am delighted to write a few points about your organization. My association with your organization for nearly 30 years has given me much pleasure and a sense of fulfillment. I have watched with admiration how you have grown and diversified your activities in the face of challenges and established yourself as a credible service provider in an area populated by people from stressful circumstances. Your shift from dependence on government-supported projects to projects with your own resources and community support has been steady.

I wish the organization could consider a plan for the promotion of the use and application of state-of-the-art technology, products, and processes in your programs, as well as a regular program for training and skill development.

I am optimistic about the growth and future direction of the organization and take this opportunity to convey my best wishes for the success of your organization in all your efforts and initiatives, and for the welfare and well-being of your beneficiaries and stakeholders. I shall be happy to be part of your plans and programs in whatever way is possible and feasible.

Thanking you,

Yours sincerely,

(Debaditya Chakrabarti)

Appreciation

From:
Dr. Kusum Kumar Adhikary - Chef Heath Officer, Bidhannagar Municipal Corporation

To:
Mr. Abul Kalam
Secretary
Nir Ideal Home
North 24 Parganas



Dear Mr. Kalam,

I hope this letter finds you in great spirits. It is with profound admiration that I extend my heartfelt appreciation for the commendable work you and Nir Ideal Home are undertaking for individuals with disabilities in our community.

Your leadership as Secretary, coupled with your personal experience as a person with a disability, truly exemplifies the essence of resilience and dedication. You embody the spirit of empowerment, proving that challenges can be transformed into opportunities for advocacy and change. Your commitment to the welfare of disabled individuals resonates deeply, much like the metaphorical "water without clouds," symbolizing the essential nourishment you provide to those in need.

The name "Nir," meaning "Bird's Nest" in Bengali, beautifully encapsulates the safe haven and nurturing environment you have cultivated at Nir Ideal Home. Through your unwavering efforts, this organization has become a beacon of hope, demonstrating the profound impact that compassion and commitment can have on the lives of individuals with disabilities.

As a local administrative authority, we harbor immense hope and anticipation for the continued success of Nir Ideal Home. Your initiatives have not only fostered a sense of community but have also paved the way for a more inclusive society where every individual is valued and empowered.

In closing, I wish to express my sincerest gratitude for your tireless dedication. We look forward to witnessing the remarkable achievements that lie ahead for Nir Ideal Home, as you continue to champion the rights and welfare of disabled persons in our society.

Warm regards,

Dr. Kusum Kumar Adhikary
Chef Heath Officer
Bidhannagar Municipal Corporation

Introduction and Background of the Organization:



Nir Ideal Home for Mentally Retarded and Associated Disabilities was founded by Mr. Abul Kalam Azad, a dedicated social worker and a distinguished figure within the Indian disabled community. Mr. Azad's personal experience with disability has profoundly shaped his understanding of the numerous challenges and societal barriers faced by individuals with disabilities.

From a young age, Mr. Azad was committed to making a significant impact on the lives of disabled individuals in India. His dedication was further reinforced by his studies at the National Institute for the Orthopaedically Handicapped (NIOH), where he gained comprehensive insights into the rights, entitlements, and opportunities available to persons with disabilities.

In 2002, Mr. Azad’s vision and expertise culminated in the establishment of Nir Ideal Home for Mentally Retarded and Associated Disabilities. The organization was founded with the aim of providing extensive support and empowerment to individuals with mental and associated disabilities. Through Nir Ideal Home, Mr. Azad has devoted himself to advocating for the rights of disabled individuals and working towards their full integration into society with dignity and respect.

Vision and Mission:

Vision: The children with disabilities enjoy a life with equal rights, equal opportunities, and full participation with all other members of society.

Mission: To equip children with disabilities with suitable education, and training, empower towards self-independence, and ensure an inclusive society through close linkages with the Government and Non-Government organizations.

Goal: To enable children with disabilities to become capable and well-functioning adults.

Aim: To initiate preventive majors of disability and ensure that disabled members of the community achieve their maximum potential and lead an independent life as their disability varies.

The inclusion of children with disability is focus area of NIHMHAD and consistently exploring range of innovative services to create a conducive and supportive environment for their sustainable and meaningful lives.

Main Objectives of the Organization:

- Assessing the level of education among the children with disability who, are in touch of this organization and creating an environment where, counseling followed by appropriate intervention to further early education.
- Promotion of primary level of education to children who are physically, hearing impairment and mentally challenged through functional ways.
- Procurement and distribution of prosthetic aids to physically disabled children of Haroa, Basirhat II and Deganga Blocks who are economically weak and below poverty line, from the resources of this organization.
- Working as agents with Government and other benevolent institutions to reach all tangible as well as intangible to the grass-roots people living in Haroa, Basirhat II, Deganga Blocks, Basirhat and Taki municipality.
- To generate and empathy in the communities about the people with disabilities.
- To organize the people with disability, into formal bodies who would advocate for their rights themselves.
- To initiate courses on pedagogy to prepare a band of special educators.
- To run vocational training centers specifically and mentally challenged ones.
- To run special school for children with disability.

Core Value of the Organization:

Dignity and Empowerment for People with Disabilities
Commit to creating opportunities that support a dignified, fulfilling life for individuals with disabilities, fostering empowerment and self-reliance.

Sustainable Use of Community Resources
Emphasize responsible and sustainable utilization of local resources to enhance community resilience and long-term growth.

Participatory Approach to Program Planning
Encourage active participation from beneficiaries in the planning and implementation of initiatives, promoting a sense of ownership and accountability.

Inclusivity and Social Equity
Uphold inclusivity and advocate for equal opportunities, ensuring that every individual, regardless of background, has access to resources and support.

Transparency and Accountability
Operate with the highest standards of transparency and accountability to build trust among beneficiaries, partners, and stakeholders.

Capacity Building and Skill Development
Focus on capacity building to equip individuals and communities with the skills and resources they need to lead sustainable and independent lives.

Innovation and Responsiveness
Embrace innovative solutions and adapt to the changing needs of communities, ensuring programs remain effective and impactful.

Environmental Responsibility
Promote environmentally sustainable practices that protect and respect natural resources for future generations.

Collaboration and Partnerships
Build strong partnerships with government bodies, non-profits, and community organizations to maximize impact through shared knowledge and resources.

Legal Status of the organization:

- Registered under the West Bengal Societies Registration Act – 1961. Registration No. S/1L/13008 dated – 09.12.2002

- Registered under the "RIGHT OF PERSON WITH DISABILITIES" Act – 2016. Registration No. 489(R) Com-D(2024-25) , Valid From 16/01/2019 to 15/01/2029

- Registered under FOREIGN CONTRIBUTION (Regulation) ACT – 1976. Registration No. 147110788 dated 11.01.2007
Valid From 01/01/2022 to 31/12/2026

- Registered under Section 12A of the Income Tax Act dated 31.10.2005 (Unique Registration Number: AAAAN3642GE20056). Donations made to this organization shall qualify for deduction under Section 80G of the Income Tax Act 1961 Unique Registration Number: AAAAN3642GF20211).

- Registered under National Trust, Registration No. WNIR16516808917, Valid From 29/01/2022 to 28/01/2027

- Affiliated to West Bengal Aids Control Society. No. ACS/ID-52/06/1868 dated-26.08.2000

- NITI Aayog Registration No. – WB/2017/0164792

- PAN No. : AAAAN3642G

- Profession Tax Enrollment No. : 191006172504

- GST Registration No. : 19AAAAN3642GIZO
- TAN No. : CALN09507B

- UDYAM Registration Certificate: UDYAM-WB-14-0020123

- DISE Code Number-19111307619

- Registered under the Ministry of Corporate Affairs of Entities for undertaking CSR activities: CSR00009476

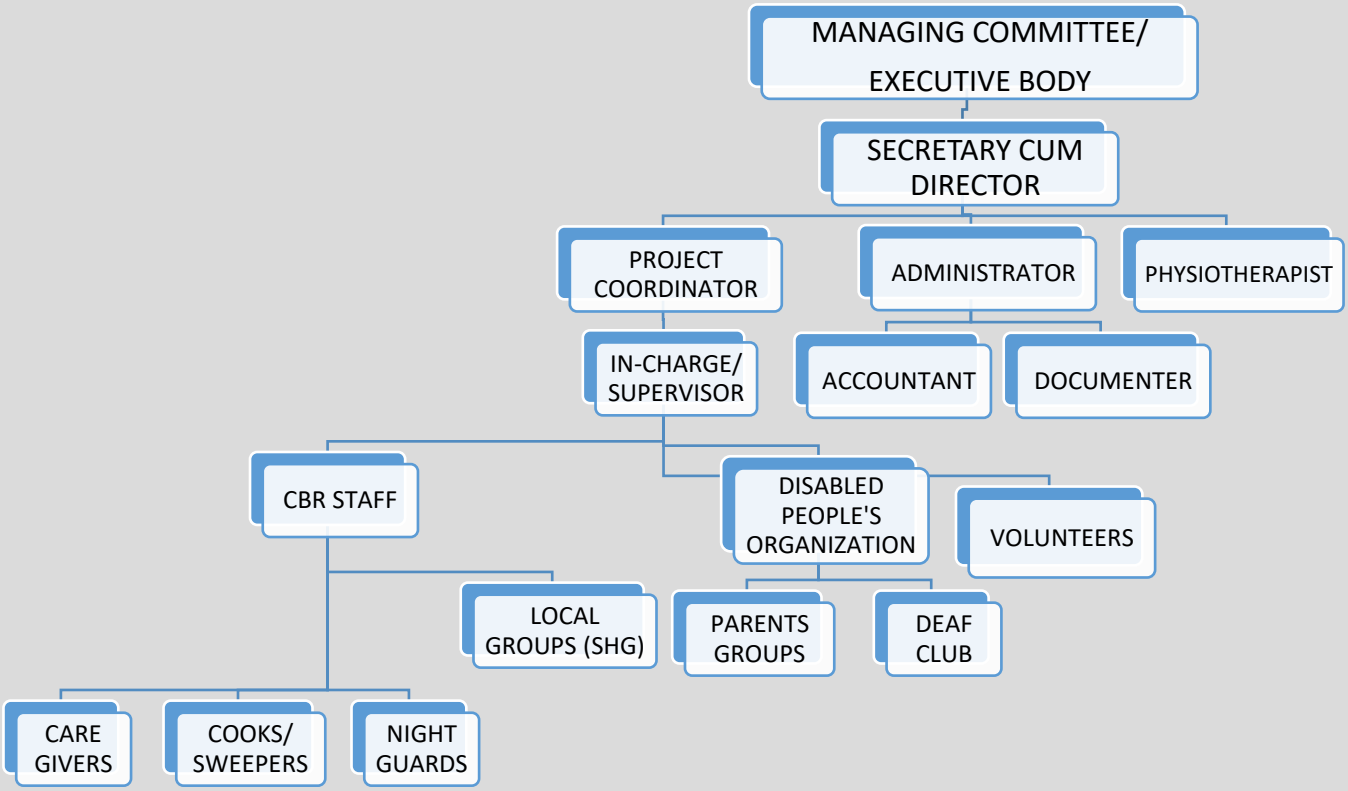
Awards and Recognition:

- Women and Child Development and Social Welfare Department conferred State Award for Empowerment of PWD-2021 for outstanding work for disability.
- NIOH awarded for skill development training for PWD in 2014-15.
- Rotary International District 3291 conferred 1st prize in disabled category on the occasion of District RCC award ceremony in 2011.
- West Bengal Voluntary Blood Donor's Association given Certificate of Appreciation for organizing blood donation camp in 2005, 2008 and 2010.
- BDO Haroah certified for providing services not only for disabled but also for other distressed people in 2021.
- CMOH North 24 Pgs dist. certified for performing social services to downtrodden people in 2007.
- Principal Secretary of State Education Department certified for inclusive education for PWD in 2006.
- S.K. Nurul Islam MLA certified for providing services for the distress people in 2021.
- Many Panchayat Samity certified for the cause of working to distress people.
- Commissioner of PWD W.B. Govt. certified for organizing in the field of disability of various nature in remote area through CBR in 2005.
- Office of CDPO Deganga and other blocks ICDS project appreciated for vocational and life skill education training successfully to Young adolescent girls under Kisari Shakti Yojana scheme in 2018- 2019.
- DDRC 24 Pgs certified praiseworthy services for disabled in 2007.
- Deaf Child Worldwide conferred certificate for good work for deaf children in 2010.

Executive Committee List 2023-2024

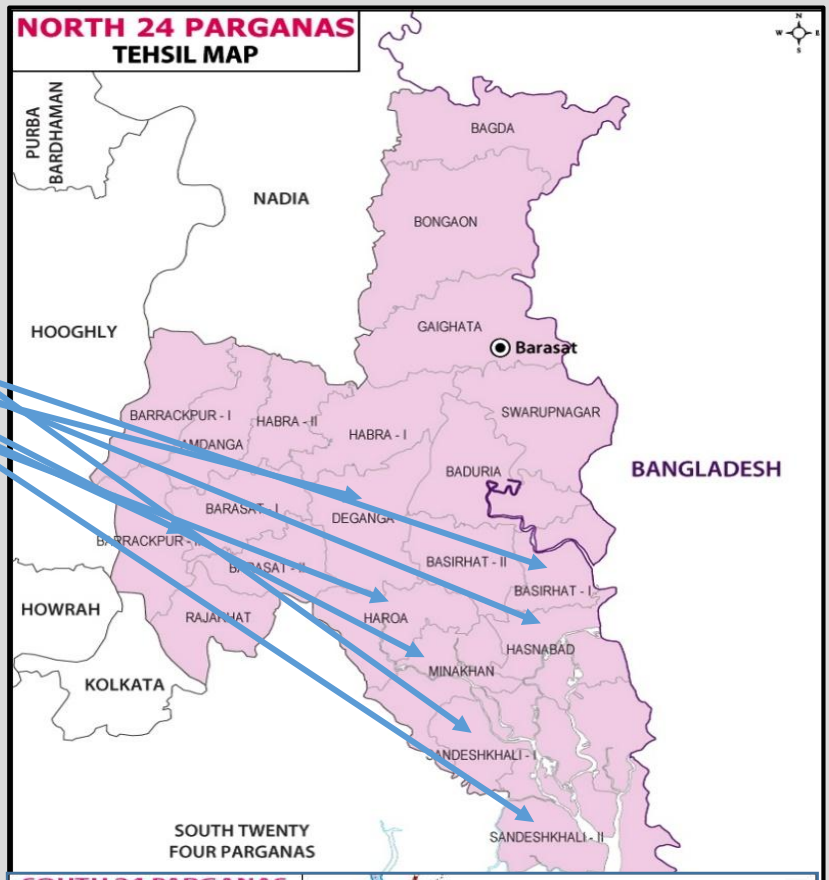
Sl.No.	NAME	DESIGNATION	PH NO.
1	Sonali Khatun	**President**	9734402702
2	Jummatul Islam	**Vice-President**	9134428540
3	Md. Abul Kalam Azad	**Secretary**	9830881966
4	Md Jamal Uddin	**Asst. Secretary**	9153566949
5	Arup Paramanik	**Treasurer**	7047713179
6	Sumanta Samaddar	**Exe. Member**	9732736513
7	Soma Nath	**Exe. Member**	7407515266

Organization Administrative Structure:



Geographical Locations for Project Implementation:

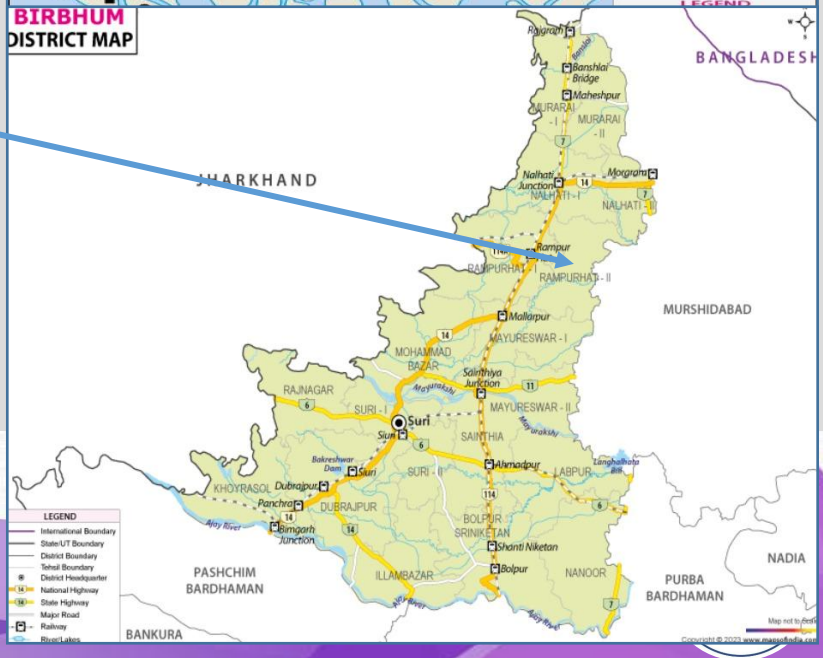
Haroa, Minakhan, Sandeshkhali-I, Sandeshkhali-II, Hingalganj and Hasnabad in North 24 Parganas, Sundarban area. Others Block – Deganga



Bhangore II Block in South 24 Parganas.



Rampurhat II Block in Birbhum



List of Projects and Activities conducted:

To ensure a dignified life and uphold the rights and entitlements of persons with disabilities, Nir Ideal Home for Mentally Retarded and Associated Disabilities has strategically concentrated its initiatives on several key thematic areas:

Heath:

Eye camp and free cataract operation:



Nir Ideal Home for Mentally Retarded and Associated Disabilities successfully conducted a Free Eye Check-Up Camp and facilitated Free Cataract Surgery in the remote regions of the Sundarbans, covering all blocks within the Basirhat Sub-division. Additionally, the organization distributed Free Power Glasses to community members.

Through these initiatives, Nir Ideal Home provided essential eye care services to approximately 32,000 beneficiaries. Specifically, Free Power Glasses were distributed to 27,000 individuals, Cataract Surgery was performed for 3,200 beneficiaries, and ECG and Blood Sugar Tests were conducted for 3,500 participants. The remaining individuals were referred for further treatment to ensure comprehensive care.

Physiotherapy unit:



In 2011, Nir Ideal Home established a Physiotherapy Unit staffed by trained physiotherapists who provide services four days a week. This unit supports children with special needs from various regions of the North 24 Parganas district, offering customized physiotherapy aimed at enhancing mobility.

Therapeutic interventions include supported walking, physiotherapy ball exercises, and the utilization of various tools and equipment designed to promote movement and coordination. Furthermore, we provide essential mobility aids, such as shoes, elbow crutches, and specialized chairs, to facilitate improved mobility for these children.

Free Health Check-up Camp:



Nir Ideal Home is committed to fostering community health and well-being through regular Free Health Check-Up Camps designed for the general public. These camps provide comprehensive medical screenings to identify and address common health concerns such as blood pressure, diabetes, and general fitness issues.

Participants benefit from consultations with experienced healthcare professionals, including general physicians, dietitians, and wellness experts, who provide personalized advice on maintaining a healthy lifestyle. The camps also emphasize preventive care, offering guidance on nutrition, hygiene, stress management, and regular health monitoring.

In addition to screenings, participants receive access to health education sessions and demonstrations on essential first-aid practices, physical fitness exercises, and balanced diet planning. Basic medicines and supplements, such as vitamins and iron tablets, are distributed where necessary to support overall health.

These initiatives aim to empower individuals with the knowledge and resources needed to lead healthier lives, ensuring that affordable healthcare reaches every corner of the community. Nir Ideal Home remains dedicated to creating a healthier society by making quality healthcare accessible to all.

RNTCP Awareness Programme on TB under GLRA India:

The RNTCP Awareness Programme on tuberculosis, organized under GLRA India, aims to enhance community understanding of TB and its implications. This initiative focuses on awareness-raising activities through Self-Help Groups, facilitating education about prevention, symptoms, and treatment options.

Additionally, the program includes the collection of sputum samples for diagnostic testing, ensuring timely identification and management of TB cases. By integrating awareness efforts with practical health services, the initiative seeks to reduce the burden of tuberculosis in the community and promote better health outcomes.

Sputum Collection Programme:

Since May 1, 2018, we have been actively collecting sputum samples under the District Health & Family Welfare Samity (RNTCP) in North 24 Parganas. Our organization has established the necessary infrastructure and arrangements for sputum collection and awareness programs.

These awareness programs focus on the sputum collection process, transportation, and diagnosis of tuberculosis. We collect sputum samples and transport them to the Diagnostic Management Center (DMC) at Bishwanathpur in the Deganga PS area of North 24 Parganas, ensuring efficient and timely diagnosis for effective TB management.

Rogi Sahayata Kendra (RSK) at Haroa BPHC:



Since March 29, 2016, Nir Ideal Home has been operating the Rogi Sahayata Kendra (RSK) at the Haroa Block Primary Health Centre (BPHC) in West Bengal, India. This initiative receives an annual allocation of ₹314302.00, aimed at providing vital support and assistance to patients. The RSK is dedicated to enhancing access to healthcare services in the region, ensuring that individuals receive the necessary resources and care to improve their health outcomes.

Unique Disability Identity card:



The Unique Disability Identity (UDID) card initiative is part of a broader sub-scheme aimed at creating a comprehensive National Database for Persons with Disabilities across India. This project is designed to streamline the identification and recognition of individuals with disabilities, ensuring they receive the support and benefits to which they are entitled.

Under the UDID project, certificates of disability and Unique Disability Identity cards are issued to persons with disabilities by competent medical authorities designated by the respective State Governments and Union Territories. This process not only formalizes the recognition of disabilities but also enhances the ability of individuals to access various services and government programs tailored to their needs.

The overarching goals of the UDID initiative include promoting transparency and efficiency in the delivery of government benefits to persons with disabilities. By maintaining a national database, the project facilitates better monitoring, assessment, and planning of services aimed at improving the quality of life for individuals with disabilities. Additionally, the UDID card serves as a powerful tool for advocacy, empowering individuals to assert their rights and access necessary resources.

In summary, the UDID project represents a significant step towards inclusivity and support for persons with disabilities, fostering a more equitable society where all individuals can thrive.

Education:-

Community Based Rehabilitation Program:

The Community Based Rehabilitation Program, initiated in 2007, focuses on pre-primary and non-formal education, medical rehabilitation, community organization, health education, and disability prevention. Currently, our services extend across five blocks in North 24 Parganas—Haroa, Deganga, Basirhat-I, Basirhat-II, and Hasnabad—successfully supporting children with disabilities in completing higher education and vocational skill training.



Our home-based program encompasses a range of services, including pre-primary and non-formal education, communication development, medical rehabilitation, community organization, health education, socialization, disability management, and access to community resources. This comprehensive approach has facilitated 100% participation and cooperation from individuals with special needs while simultaneously providing community members with opportunities to enhance their understanding and perceptions of disability.

Through these efforts, the program not only promotes the inclusion and empowerment of persons with disabilities but also fosters a more accepting and supportive community environment.

Deaf Education Programme:



The Deaf Education Programme has been a central focus of Nir Ideal Home over the past three years, aiming to integrate deaf individuals into all aspects of our initiatives. To achieve this objective, we have appointed specialized educators and trained staff proficient in sign language and effective teaching methodologies, creating a barrier-free environment for the deaf community.

In 2007, we launched the Rural Deaf Education Programme, delivering services directly to individuals in their communities. This initiative seeks to facilitate the inclusion of deaf children in mainstream schools and society, fostering their integration and acceptance.

The programme has proven to be successful, empowering deaf children and young adults while enabling their families to recognize and celebrate their significant progress. Additionally, we have supported the establishment of family support groups at the Block, District, and State levels, further strengthening the community network and enhancing advocacy for the rights and needs of individuals with hearing impairments.

NIRAMAYA Health Scheme:



The NIRAMAYA Health Scheme is an initiative designed to provide comprehensive health care and support to individuals with disabilities. The primary objective of this scheme is to ensure access to essential medical services, including preventive, curative, and rehabilitative care, thereby enhancing the overall well-being of persons with disabilities.

Under the NIRAMAYA Health Scheme, beneficiaries receive a range of services, including regular health check-ups, specialized medical treatments, rehabilitation therapies, and access to necessary medications. The program also emphasizes health education, raising awareness about the specific health needs and rights of individuals with disabilities.

By facilitating a holistic approach to health care, the NIRAMAYA Health Scheme aims to reduce barriers to accessing health services, improve health outcomes, and promote a higher quality of life for individuals with disabilities and their families. The initiative fosters collaboration with healthcare providers, community organizations, and

government agencies to create a supportive network that ensures comprehensive care and advocacy for the rights of persons with disabilities.

NIR Resource Centre and Special School:



The NIR Resource Centre and Special School was established with the mission of providing education and fostering the holistic development of children with disabilities. Currently, out of the 50 children enrolled at the Resource Centre, approximately 80% have various types of disabilities. Notably, the remaining non-disabled children actively participate in all activities, contributing to a vibrant and inclusive learning environment.

At Nir Ideal Home, we prioritize activity-oriented learning, complemented by a well-equipped resource center and a creative library. The school encourages all-round development through co-curricular activities such as sports, cultural festivals, and arts and crafts. Recognizing that many children at the Resource Centre come from economically disadvantaged backgrounds, we offer essential support services, including mid-day meals, educational materials, transportation, and specialized coaching to enhance their academic experience.

Medical rehabilitation is a crucial aspect of our approach, facilitated through regular check-ups, physiotherapy, and the provision of mobility aids. We supply necessary equipment such as shoes, elbow crutches, and specialized chairs to improve mobility and overall independence. Additionally, we have successfully provided COVID-19 vaccinations to 670 persons with disabilities, ensuring their health and safety during these challenging times.

Deaf Club:

Nir Ideal Home has undertaken a unique initiative by establishing the "Deaf Club," which consists of 45 members who gather regularly at Nir Ideal Home. This club provides a supportive environment where members can enjoy companionship, engage in indoor games, and watch television together. Additionally, they come together annually for a special sports event.

The club also offers Indian Sign Language (ISL) training to enhance communication skills among its members. Trained staff provide instruction both at the Nir Center and within the community, focusing on regular study, confidence building, and communication training with family and community members.

The Deaf Club emphasizes the importance of socialization skills by celebrating special days and events, fostering a sense of belonging and community among its members.

Through these activities, the club plays a vital role in promoting deaf awareness and facilitating the inclusion of deaf individuals in mainstream society.

Disabled Peoples Organizations:

Nir Ideal Home is committed to empowering individuals with disabilities through the formation of Disabled People's Organizations (DPOs). These inclusive, community-driven groups provide a platform for people with disabilities to unite, advocate for their rights, and address shared challenges. Each DPO comprises members from nearby villages, ensuring diverse representation and collective action. To enhance accessibility, these organizations are encouraged to establish their hubs near Gram Sabhas or community halls, enabling easy participation in meetings, training programs, and events for individuals with disabilities and their families.

DPOs focus on advocacy for disability rights, organizing skill development and vocational training to foster economic independence, and providing peer support networks for shared resources and experiences. They also collaborate on accessibility projects, working with local stakeholders to improve public infrastructure and facilities. Through these efforts, Nir Ideal Home ensures empowerment, inclusion, and sustainable development for individuals with disabilities in rural communities.

Disability rights programme:

Nir Ideal Home is dedicated to advancing the rights and inclusion of individuals with disabilities through its **Disability Rights Programme**. This initiative aims to empower people with special needs by fostering leadership and advocacy within their communities. By equipping individuals with the knowledge and skills to raise their voices, the program ensures that the concerns and rights of persons with disabilities are effectively represented.



The programme focuses on building a network of disability rights leaders who can engage with policymakers, local authorities, and stakeholders to advocate for inclusive policies, accessible infrastructure, and equitable opportunities. Awareness campaigns, workshops, and training sessions are conducted to educate communities about disability rights and the importance of eliminating barriers to participation.

Through this initiative, Nir Ideal Home not only promotes social justice but also paves the way for a more inclusive society where individuals with disabilities can thrive with dignity and independence.

Livelihood Development Programme:

Nir Ideal Home is dedicated to promoting economic independence and self-reliance among individuals with disabilities through its Livelihood Development Programme. This initiative empowers participants by equipping them with essential skills, tools, and resources to improve their livelihoods and achieve financial stability. Tailored vocational training in areas like tailoring, handicrafts, computer skills, and entrepreneurship is provided, aligning with market demands to ensure relevance and employability.

The programme also offers critical resource support, including tools, equipment, and financial guidance, to help individuals start or enhance small businesses. By fostering connections with local markets, cooperatives, and organizations, participants are given opportunities to generate sustained income. These efforts are further strengthened by workshops on financial literacy, awareness of rights, and access to government schemes that promote economic inclusion.

Through these comprehensive efforts, Nir Ideal Home enables individuals with disabilities to build sustainable livelihoods, contribute to their communities, and lead lives of dignity and independence.

Empowering the economic independency of people in need through Livestock Acquisition:

Nir Ideal Home is steadfast in its mission to promote economic independence and sustainable livelihoods through its Livestock Acquisition Programme. This initiative provides marginalized families with livestock, such as goats and cows, to serve as dependable sources of income and nourishment. In Margram Mahipara village, Birbhum district, Rampurhat II Block the organization identified 10 beneficiaries and distributed 4 milk-producing cows and 24 goats to each of 10 families, enabling them to establish a pathway to financial security.

To ensure the success and sustainability of this initiative, Nir Ideal Home conducted training sessions for the beneficiaries on animal husbandry, livestock health care, and sustainable farming techniques. Beneficiaries were also guided on effectively utilizing livestock products, such as milk and meat, for personal use or as commodities for market trade.



This transformative programme not only enhances income and living standards for participating families but also strengthens the community by fostering self-reliance and resilience. Nir Ideal Home continues to champion sustainable development and economic empowerment in rural communities, creating a brighter future for those in need.

Skill Development support through Paschim Banga Society for Skill Development (PBSSD):

Nir Ideal Home actively collaborates with the Paschim Banga Society for Skill Development (PBSSD) to empower individuals by providing skill development training tailored to enhance employability and foster economic independence. This partnership aligns with Nir Ideal Home's commitment to equipping marginalized communities with market-relevant skills and sustainable livelihood opportunities.

Through this initiative, beneficiaries receive training in various trades such as tailoring, computer literacy, hospitality, and other vocational skills identified as in demand in local and regional markets. Nir Ideal Home facilitates the enrolment of eligible candidates and ensures they have access to quality training resources, infrastructure, and mentorship under the PBSSD framework.

The programme emphasizes hands-on learning, certification, and post-training support, including job placement assistance and entrepreneurship guidance. By fostering economic resilience and building skill sets, Nir Ideal Home, in collaboration with PBSSD, continues to transform lives and promote inclusive development across the region.

Other Programs:

Awareness generation on arsenic in collaboration with PHE department:

Nir Ideal Home is actively engaged in raising awareness about arsenic contamination in collaboration with the Public Health Engineering (PHE) Department. Our focus is on the arsenic-affected regions of Haroa, Deganga, and Bhangar II, where we implement a range of initiatives to educate the local population about the dangers of arsenic-contaminated water.

To achieve this, we conduct awareness programs through Activities for Group Participation (AGPs), seminars, and community meetings. In the aftermath of the AILA disaster, we also facilitated the installation of tube wells to enhance access to safe drinking water.

Furthermore, we collaborate with various competent authorities, including Paschim Banga Bigyan Mancha, the Paschim Banga Pollution Control Board, and the SFR, to assess and mitigate water contamination due to arsenic. Through these comprehensive efforts, we aim to promote community health and foster a better understanding of safe water practices among residents in these affected areas.

We helped in installing deep tube wells and shallow tube wells through beneficiary area selection after examination of utility position. Awareness generation on water contaminated with Arsenic among people of the area through AGPs, seminars, meetings

etc. Examination of contaminated water and installation of tube-well there and AILA-affected places. No. of cases covered 60.

Identification Camp for PwDs :

Nir Ideal Home organizes Identification Camps for Persons with Disabilities (PwDs) at the Panchayat level to provide essential services and support for individuals with disabilities. These camps offer the issuance of disability certificates and the distribution of customized aids and appliances, addressing the specific needs of each participant. In addition to these services, the camps provide counseling, job training, and disability awareness sessions to ensure that participants are well-informed about their rights and available resources. Nir Ideal Home also facilitates connections with relevant government facilities, ensuring comprehensive and accessible support. To date, these initiatives have positively impacted over 12,600 cases, significantly enhancing the lives and opportunities for persons with disabilities within the community.



Nir Ideal Home is equally committed to empowering adolescent girls with disabilities by promoting awareness in areas such as health, hygiene, nutrition, and family care. Through this programme, girls are connected to opportunities for acquiring life skills, encouraged to return to school, and provided with the resources to better understand their social environment. This initiative empowers them to take proactive steps toward becoming productive, confident members of society. With a focus on resilience and empowerment, the programme has directly benefited 600 adolescent girls with disabilities, fostering positive personal development and long-term growth.

SAG-KP (Scheme for Adolescent Girls and Kanyashree Prakalpa) Convergence Programme:



Nir Ideal Home has been actively implementing the SAG-KP (Scheme for Adolescent Girls & Kanyashree Prakalpa Convergence Programme) in multiple ICDS (Integrated Child Development Services) projects across North 24 Parganas and Howrah districts in West Bengal. Specifically, the programme is being carried out in the Deganga, Gobardanga, Ashokenagar Kalyangarh, Habra, and Madhyamgram ICDS projects under North 24 Parganas, as well as in several ICDS projects in Howrah District.

The programme involves a structured approach where Field Facilitators (FFs) visit Anganwadi Centres (AWCs) on a planned basis to offer support to Anganwadi Workers (AWWs). Project Coordinators (PCs) oversee the day-to-day activities of the programme under the guidance of the Child Development Project Officer (CDPO), working in close coordination with sector supervisors to ensure smooth implementation. As part of the health interventions, Field Facilitators distribute essential health supplements, including Iron Folic Acid (IFA) tablets and Albendazole deworming tablets, to Adolescent Girls (AGs), promoting their overall health and well-being. This collaborative effort aims to support the nutritional, educational, and social empowerment of adolescent girls in these communities.

Short and Long Stay Home Service:



The Short and Long Stay Home Service at Nir Ideal Home offers a unique opportunity to promote the skills and confidence of persons with disabilities (PwDs) in a supportive and inclusive environment. Located on the Nir Ideal Home office premises, this service aims to foster self-sufficiency and independence for PwDs. It also provides respite for parents and guardians, enabling them to focus on their responsibilities while ensuring their loved ones receive the necessary care and support. The programme encourages community involvement by providing opportunities for local residents and well-wishers to actively participate in the care and development of individuals with disabilities. This initiative adds a valuable dimension to the disability services offered by Nir Ideal Home, and it

has garnered significant interest from parents seeking to avail themselves of these services for their children.

Adult Literacy Programme:



The Adult Literacy Program at Nir Ideal Home serves as an essential initiative aimed at empowering non-literate individuals by providing them with the basic skills necessary to read and write. This programme is specifically designed for adults, including school dropouts and elderly individuals who have been unable to acquire literacy skills. By offering structured training, the program helps participants overcome barriers to education and opens up new opportunities for personal and social development.

The program focuses on fundamental literacy skills, such as recognizing letters, forming words, reading simple texts, and writing names. Through a combination of classroom sessions and practical exercises, participants gain confidence in their ability to engage with written material and participate more fully in society. The training is delivered in a supportive environment, fostering motivation and engagement.

To date, the Adult Literacy Program has successfully transformed the lives of over 380 non-literate individuals, empowering them with the ability to read and write. This accomplishment not only enhances the personal growth of the participants but also contributes to their social inclusion and improved quality of life. Nir Ideal Home remains committed to expanding this programme to reach more individuals, helping them break the cycle of illiteracy and create brighter futures for themselves and their communities.

Our Partners:

- Govt. of West Bengal
- Govt. of India
- Rotary India Literacy Mission
- Associazione Missione Possibile Svizzera, Switzerland

Success Stories:

At Nir Ideal Home, we take immense pride in the positive changes we have witnessed in the lives of our beneficiaries. The following success stories illustrate the transformative impact of our programs, highlighting the resilience, progress, and hope that our interventions have brought to individuals and communities.

Case Study: Transforming Lives with Physiotherapy – The Journey of Sakir Baidya



Sakir Baidya, a young boy from Haroa village in North 24 Parganas, West Bengal, has made inspiring strides in overcoming the challenges posed by Cerebral Palsy (C.P.). Born with complications due to a delayed birth cry, Sakir was diagnosed with C.P. at just 18 months. He lives with his family, including his father, a rickshaw puller, his literate mother, and two school-going siblings. Despite their limited resources, Sakir's family has demonstrated unwavering dedication to his growth and rehabilitation.

Before seeking assistance at Nir Ideal Home's Physiotherapy Centre, Sakir faced severe mobility limitations. He was unable to stand or walk, relying on his knees for movement due to weakness in his lower limbs. Daily living activities were a significant challenge. Under the specialized care of Dr. Sadiya Afrin, Sakir embarked on a rigorous therapy regimen that included manual therapy, parallel bar walking, hamstring and calf stretches, back extension exercises, and single-leg squats.

After nine months of consistent treatment, Sakir has achieved notable progress. He can now stand with moderate stability, walk with support, and perform basic daily tasks more independently. This improvement reflects not only the effectiveness of his therapy but also the integral role of his family, who actively participated in his rehabilitation. Dr. Afrin commended their commitment, noting that the family diligently practiced the prescribed exercises at home and sought continuous guidance to support Sakir's journey.

Sakir’s parents express immense joy and gratitude for his progress, witnessing the transformation in their son’s mobility and confidence. Sakir, an active and sociable child, enjoys playing with friends and values a focused learning environment. His short-term goals include walking independently, managing daily tasks autonomously, and attending school—a testament to his resilience and determination.

Sakir’s story underscores the profound impact of holistic care, community support, and family involvement in enhancing the lives of children with disabilities. Nir Ideal Home remains steadfast in its mission to empower individuals like Sakir, fostering independence, dignity, and hope for a brighter future.

Case Study: Surya Parvin's Journey toward Independence



Surya Parvin, a young girl diagnosed with Mental Retardation and Cerebral Palsy, exemplifies resilience and the transformative power of holistic care. Born prematurely, with complications arising from a delayed birth cry and her mother's serious illness during pregnancy, Surya's challenges became apparent at seven months of age. She resides with her family in North 24 Parganas, West Bengal, where her father works as a day laborer, her mother manages the household, and her elder sister attends school.

When Surya first arrived at Nir Ideal Home's Physiotherapy Centre, her condition presented significant hurdles. She exhibited spasticity in her upper and lower limbs, lacked neck control, and had difficulty with vision due to a doll's eye phenomenon. Sitting independently was beyond her reach. However, under the expert guidance of Dr. Sadiya Afrin, a structured therapy plan was implemented, including manual therapy, mobilization, neck control exercises, and coordination exercises for her lower limbs. Prolonged sitting on her mother's lap was also introduced to support her posture and control.

After consistent treatment, Surya has achieved remarkable progress. Her muscles have loosened, strength has increased, and her neck control has improved significantly. She can now sit independently, crawl, and stand with support for 5–10 minutes. Her ability to locate body parts demonstrates improved coordination and awareness.

Dr. Afrin credits Surya's gradual but promising improvement to the active involvement and dedication of her family. Parents were trained to perform therapy exercises at home, with regular follow-ups by the team to ensure adherence and provide corrections. Surya's parents have expressed immense gratitude, noting that the center's interventions have brought results they had not experienced elsewhere.

Surya's goals for the upcoming months include standing independently, enhancing hand strength, and further improving her gait. Her journey showcases the critical role of family engagement and expert intervention in unlocking the potential of children with disabilities. Nir Ideal Home remains steadfast in supporting Surya's continued growth, offering her hope and the promise of a more independent future.

Case Study: Transforming Lives – Rohan Hossain's Journey to Progress



Rohan Hossain, a young boy diagnosed with Cerebral Palsy (CP), has become a beacon of hope for families navigating similar challenges. Diagnosed at the age of one, Rohan's journey has been one of resilience, dedication, and transformational care under the guidance of Nir Ideal Home's Physiotherapy Centre.

Rohan lives in West Voida village, North 24 Parganas, West Bengal, with his family. His father, a cultivator, and mother, a homemaker, have limited formal education but have been unwavering in their support. Rohan's elder sister, a school student, also contributes to creating a nurturing environment for him.

When Rohan first arrived at the center, he was unable to stand or walk. He moved in a butterfly-like knee-flexion position and would often cry upon seeing unfamiliar faces. His lack of mobility and communication added to the challenges faced by his family. However, under the expert care of Dr. Sadiya Afrin, a comprehensive therapy plan was developed to address his needs.

The treatment included manual therapy, muscle stretching, mobilization, and targeted exercises for balance, coordination, and pelvic muscle strengthening. Over time, Rohan achieved significant milestones: he can now stand with support, has gained lower limb strength, sits in an Indian toilet with assistance, and has begun to take 1–2 independent steps.

Dr. Afrin commends Rohan's family for their active involvement in his development. Parents work closely with the center's Community-Based Rehabilitation (CBR) workers, learning sign language and teaching techniques to implement at home. They also participate in capacity-building programs designed to empower caregivers of children with disabilities.

Rohan's progress has brought immense joy and relief to his parents, who had previously struggled to find effective support. His parents express profound gratitude to Nir Ideal Home and the CBR workers for providing tailored interventions that have transformed his life.

While Rohan enjoys playing with others, he dislikes attending school—a barrier the team is actively working to address. Over the last three months, his goals have included mastering sign language, improving communication and writing skills, and receiving speech therapy.

Rohan's story highlights the life-changing impact of early intervention, family involvement, and dedicated therapy. Nir Ideal Home continues to support Rohan's journey, fostering his independence and enhancing his quality of life, one step at a time.

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- Chairman, Basirhat Municipality
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- Sanchar, Kolkata.
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- AWWD, Subhi, South 24 Parganas
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Awarded to Nir Ideal Home Secretary



Audiometry Test

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